

AOE – Acupuncture oriented energy work

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Abstract

My presentation and the following live demonstration will provide a summary of AOE with emphasis on my new observations. In 2012 I presented the AOE at the IVAS-Congress in Galway, Ireland. AOE involved several steps including the one-needle technique, ear base-system, blockades of muscles, organs, etc. AOE has now been further developed and includes the Fossa Temporalis 31 points system and the first cervical vertebrae (Atlas) and the *ligamentum nuchae*. Despite AOE increasing in apparent complexity, the system has become easier to apply and even more effective. I am now able to complete a full treatment in around 20 minutes. My approach is based on the TCM definition of health, that all diseases have their source in an imbalance of Yin and Yang and disturbed Qi-flow. We don't have to look for the Classical TCVM diagnosis but only for blocked Qi-flow in the body. We can always feel blockades by palpation if the patient is showing any symptom or disease. Any palpable reaction indicates a blockade, whether a blocked meridian or acupuncture point or something else. Equine patients that receive AOE treatment may have all blockades resolved and the treatment ends with a totally relaxed horse, showing no discomfort. My most important tool is kinesiology, which I apply directly on the horse with great reliability and speed. By omitting the needle, I transcended this 3D world of western biomedicine into higher dimensions where I made the new observations. To resolve blockades, I followed a path to higher energies and to a more spiritual world to achieve my treatment goal of total harmonized Qi-flow. Quantum healing is increasingly influencing my therapeutic approach. I maintain that my work is scientific because it is demonstrable, reproducible, teachable and learnable. I now provide a revolutionary prevention program, which honours the Chinese mythos that 'the doctor earns more in maintaining the patient's health and disease reduces his income'. This is contrary to modern health systems which are based upon symptom suppression. I will explain my system and introduce my prevention program. For those colleagues who are interested to learn my method I am conducting seminars while I am in Australia. It is nearly guaranteed that all participants will be able to practice AOE after the seminar, which includes lots of practical experience. For more information visit <http://www.maiketurnbull.com/integrative-therapies/energy-medicine/>

A short summary of the AOE treatment in 2012:

The principle of the AOE is based on two hypotheses:

1. Healing is always possible
2. An organism with any disorder stringently shows a palpable blockade during an intensive examination

The main characteristics of AOE are:

- AOE is an acupuncture oriented, but actual a more empirical therapy method.
- The patient is the centre of observation, not scientific results, proven theories etc.
- The AOE is mainly valid for chronic diseases and preventive medicine
- In treatment, each blockade is only released once, normally sufficient for the whole life
- Western diagnosis has hardly any importance for realizing treatment by AOE

To achieve our common goal - healing -, I introduced the following steps:

1.- The One point technique

Within the meridian system, all blocked acupuncture points can be solved with the treatment of only one point

2.- The ear base system

Around the ear base exist more than 60 points which are related to joint blockades

3.- Organic blockades

For each blocked organ, there can be found a corresponding point on the surface of the body.

4.- Muscle tenseness

There are several areas on the body, such as shoulders, girth area, chest, abdomen, which require treatment of special points, areas or thoughts to be solved.

5.- Quantum healing

Very often it is possible to solve blockades, which did not find their release in the above mentioned methods with the use of quantum healings methods

6.- Freestyle

If finally remain reactive points or areas your creativity and intuition is called for. There is always a solution. You should think and feel in all directions, without paying attention to the logic.

7.- Kinesiology

The kinesiology testing method has become an indispensable tool during the AOE treatment session. I realize this testing method directly at the horse without the need of a surrogate person.

Introduction

Inspired by one of the principles of my thinking: “Never repeat a treatment” I am obligated to amplify my therapy continuously. Of course, it happens, that a treated blockade appears once more in a follow-up treatment. In these cases, I need to find another solution to the problem. And this solution always exists until the blockade has finally and permanently disappeared.

In 2012 more and more I began to use quantum healing methods and I found the possibility to send mentally Bach flowers and making time trips. With these findings, it became possible for me to solve especially blockages of the chest.

The AOE became more extensive and simultaneously I needed more time for treatment. But I had constantly in mind that the treatment may have to be simple and it should be possible to solve all blockages with only one thought. The same thing I had achieved with the One-Needle-therapy within the acupuncture system. The door to get closer to this goal opened, when a colleague showed me some points in the forehead of the horse, which she treated without knowing the connections.

Here the update of my personal development and the further development of the AOE begins:

Forehead points

I figured out that the points my colleague showed me had a relationship to interfering fields of the teeth on the contralateral side.

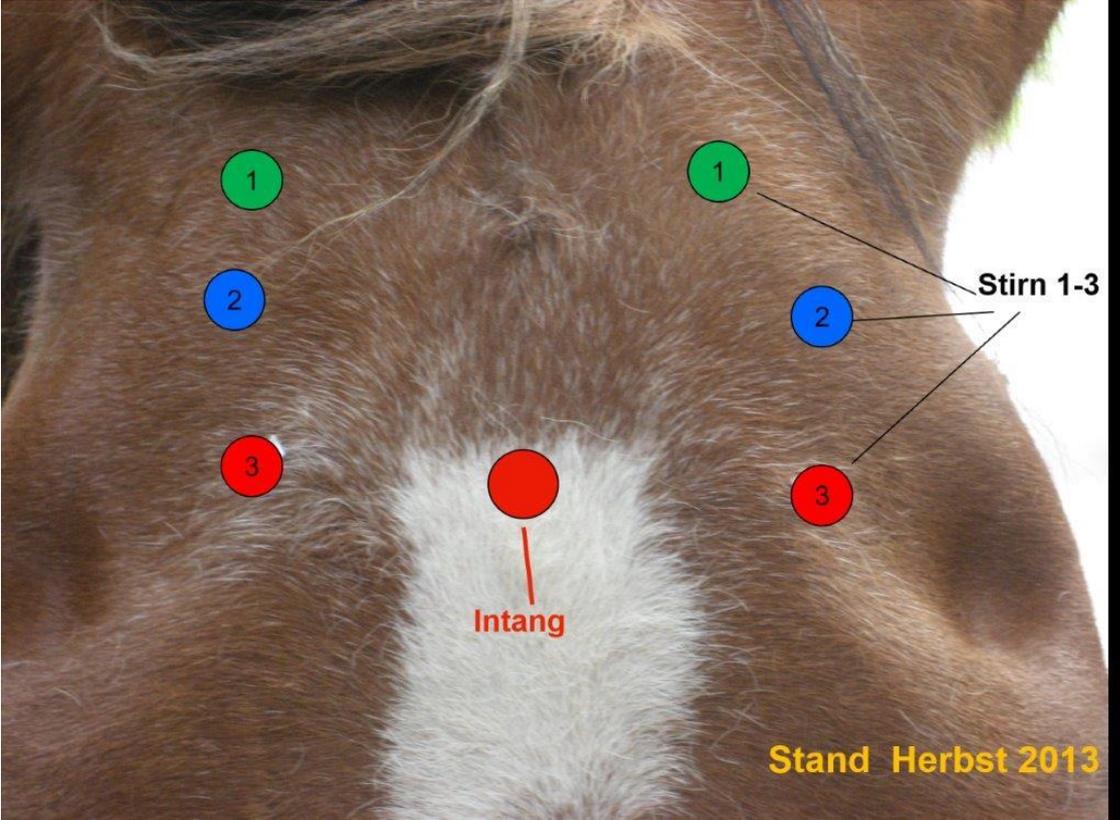


Figure 1: Forehead points

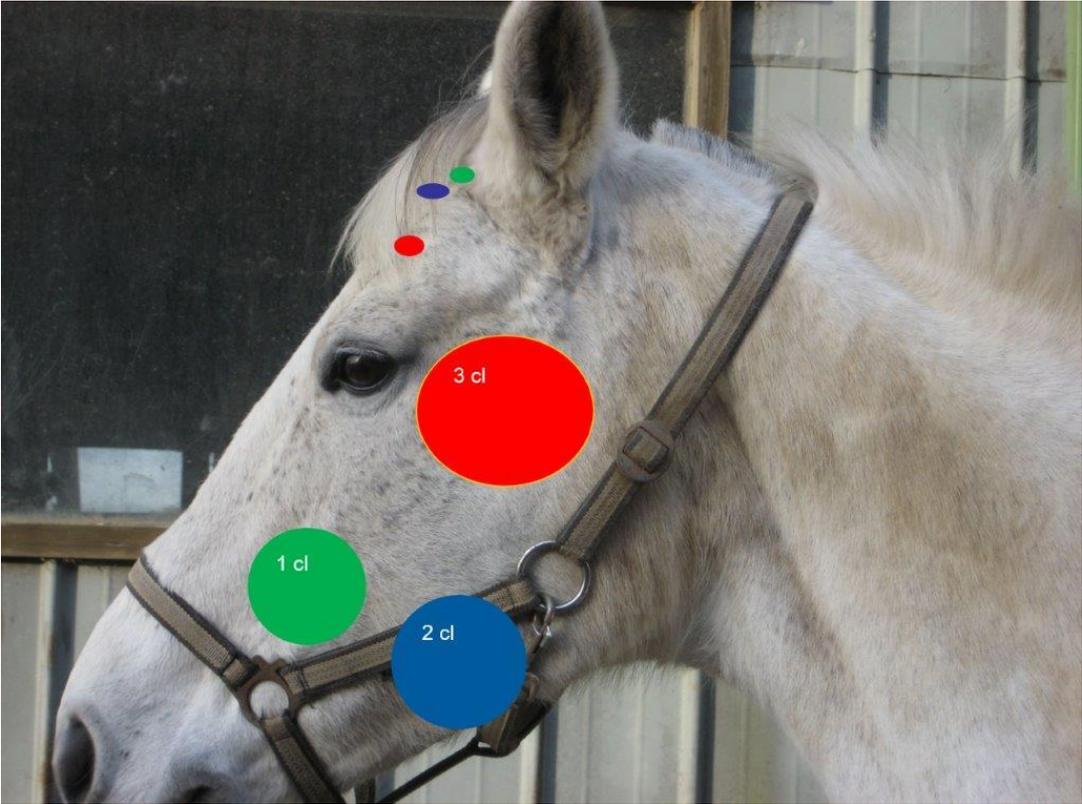


Figure 2: Forehead points and the interfering fields of the teeth

Fossa temporalis

Some patients later I observed that around the forehead point 3 you can find a lot more points. I opened a treasure chest, the system of the inside of the Fossa Temporalis with 31 points, see figure 4.

At least now I realized that I had left the structured world of 3 dimensions. Although some points of the fossa temporalis could be solved with body-related thoughts (FT z 1 - Muscle fascia of the TMJ, FT z 2 – interfering field of the upper jaw) the majority lead me to other forms of energy (i.e. earth energy, cosmic energy, etc.) or to imbalanced behavior patterns (to accept, to let go, happiness, etc.) or other interesting thoughts (sending healing energy to someone, use help of Joao del deus or even Jesus Christ). Two points show a relationship to consequences of vaccinations (FT – n 4-1, Tetanus, FT d 4-1, Influenza).

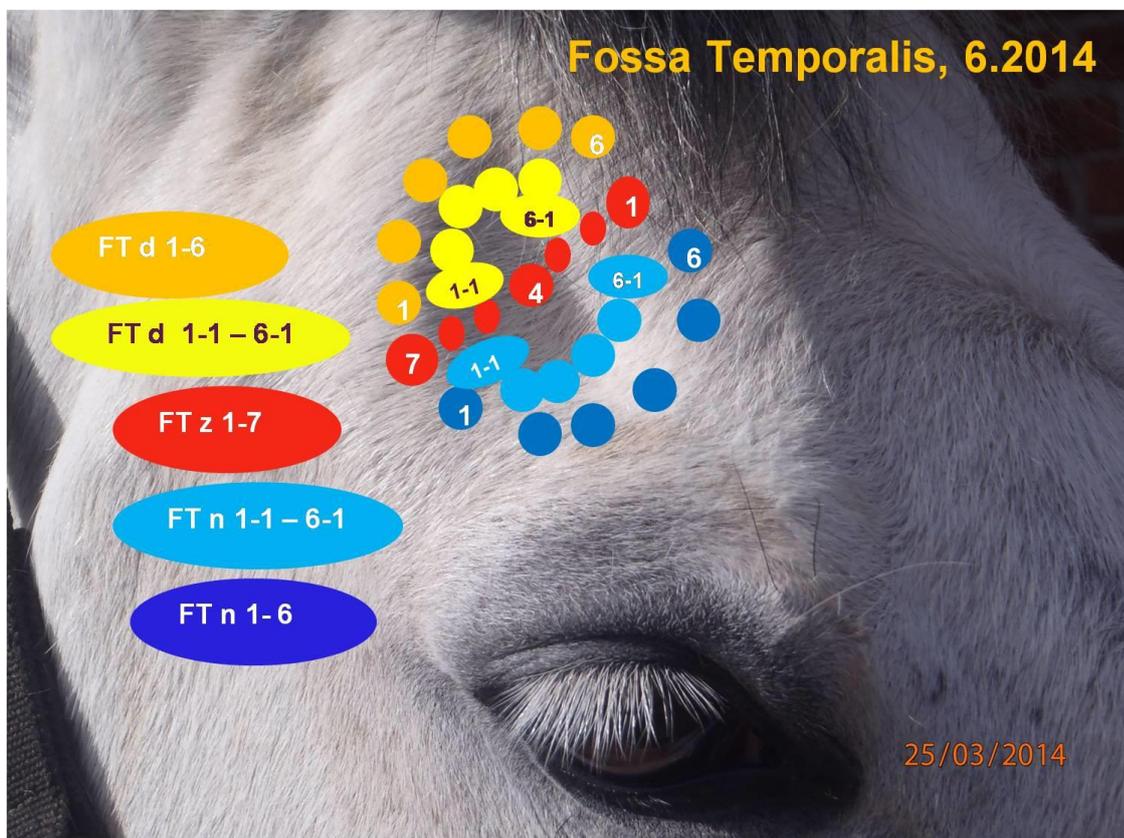


Figure 3: Fossa Temporalis

The points of this system have a high priority, this means, if we solve one of these points, we can expect that many other blockades will be released at the same time. The most important point seems to be the point FT d 5-1. This point show a reactive corresponding area at the caudoventrale rib arch. The healing code is unit energy.

Figure 4 shows the table with all assignments. Marked in red are the assignments of the left side and green the assignments right. I have not assigned 2 points (left side FT d 1-1, right side FT d 1) to "research purposes". They also work. This may mean that the associations found are merely names for the points. That is why we should never insist on their basic statement, but, as always, self-critically and modestly deal with their use.

Fossa Temporalis

		Nasal			central			dorsal						
n	left	right	n-1	Left	Right	z	Left	right	d-1	Left	right	d	Left	right
1	confusion	Self confidence	1-1	Pain condition	Creative power	1	TMJ-fascia cl.	TMJ-fascia cl.	1-1	-???	Separation pain	1	Childhood energy	-???
2	overtaxing	Head, brain	2-1	Inner conflict	Forgiveness	2	Interference field upper jaw cl	Interference field upper jaw cl	2-1	happines	Patience, tolerance	2	Bonding energy	Optimist
3	Send healing energy to....	Send healing energy to ...	3-1	resignation	mask	3	Attitude of expectation	actor	3-1	compassion	Inherited energy	3	Influenza vaccination	Fear of illness
4	Cosmic energy	Universal energy	4-1	Tetanus vaccination	Tetanus vaccination	4	Joao del Deus	Jesus Christ	4-1	Basic trust	Earth energy	4	Original energy	Fun bird, joker
5	To let go	To let go	5-1	Fear	Insecurity	5	Fear of loss	projection	5-1	Unit energy	Unit energy	5	To accept	To accept
6	To shine (sun)	overtaxing	6-1	Conformation, adaptation	overcare	6	Joy of life	Joy of life	6-1	Space energy	unwariness	6	distrust	frustration
						7	Vital energy	Vital energy						

Figure 4: Fossa Temporalis, assignments

Atlas and the Ligamentum Nuchae

Since I invented the One Needle Therapy I always observed that mostly the points of higher priority were located in the head of the patients. As I am thinking that there has to be **one** point who is able to solve all problems in the body I am looking for this point and I assume that the location will be at the highest point of the animal, where the connection to heaven is closest. But in this area, it is the occipital (atlas, Ligamentum nuchae), I never found a painful reaction in the horse until I gave a seminar in the Munich area in Germany in 2014. It seemed that now I was ready for this discovery. Since that time, I found a painful reaction in most of my patients and I'm still working on a lasting solution to this blockade.

Possible solutions to solve these blockades are found in spirituality. Applied thoughts to solve the blockages are e.g.

- Zero point field
- Send adhering soul (s) into the light and aura healing
- Ascended Masters and aura healing
- Transcendence
- Unconditional love
- Archangels
 - Blue - Michael
 - Violet - Zadkiel
 - Red - Uriel (Auriel)
 - Green - Raphael
 - Yellow - Jophiel
 - Pink - Chamuel
 - White – Gabriel
- Love and gratitude
- Christ energy

Medial forehead points

In the latest months of 2016 my former assistant showed me points on the medial forehead (figure 5), which she considered very important. And indeed, they are. Till now (21.1.2017) my only answer to these points is the energy of the word **Healing**. It happens sometimes, that with this thought all blockages in the body are solved, but only sometimes.

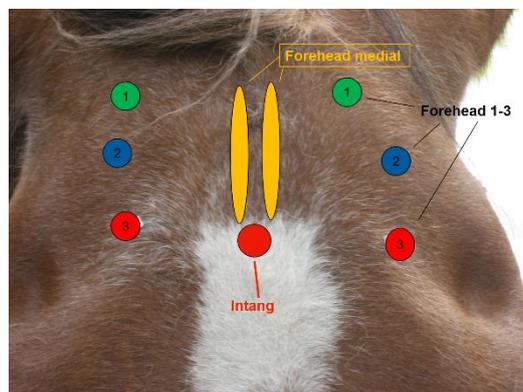


Figure 5: Forehead medial

So, I must continue my search for that only point and I would be glad if in some years, I could present to you further steps of my development.

The Prevention Program

Based on my experiences of the last 15 years and the very good success rate (more than 90 %), I started in the beginning of the last year with a new program. The prevention program honours the Chinese mythos that 'the doctor earns more in maintaining the patient's health and disease reduces his income'.

In the first year, more than 100 owners have joined the program. There are no exclusion criteria for recording. Only new patients have to be treated until the symptoms have disappeared. If the patient is not yet free of symptoms after the fourth treatment, he can still enter the program.

The preventive program includes 1 AOE treatment every 4 to 6 months. The revolutionary idea is that the owner does not have to pay more when additional treatments are required because the horse gets problems of some kind. In this way, I signal that I am really interested in the health of the patient, since I only then earn a good salary.

First results will be presented. Sure, that I am getting with this program a lot of patients with chronic problems. That is why I have a lot of additional treatments in the first year. However, I am confident that the number of treatments in the second year will be greatly reduced and the core statement of my therapy will be confirmed. This statement is that it is always possible to get a patient healthy and to maintain health in the long term.